

CURRENT J STAR GYMNASTICS TIMETABLE 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:15 - 10:00 - Preschool Stars P/C 2 - 3 years			09:15 - 10:00 Baby Gym 8 wks to just walking	9:15 - 10:00 - Preschool Stars P/C 2 - 3 years	8:45 - 09:30 Preschool Stars P/C 2 - 3 years	Reserved for Birthday Parties & Events
10:10 - 10:55 - Preschool Stars P/C 2 - 3 years			10:30 - 11:30 Preschool Open Play Walking - 5 years	10:10 - 10:55 Preschool Stars P/C 2 - 3 years	9:40 - 10:25 Preschool Stars P/C 2 - 3 years	
11:15 - 12:15 Preschool Open Play Walking - 5 years				11:15 - 12:15 Preschool Open Play Walking - 5 years	10:35-11:20 Preschool Stars P/C 2 - 3 years	
					11:30 - 12:30 Little Stars 4 - 5 years	
					13:00 - 13:55 Rising Stars 5 - 7 years	
15:45 - 16:25 Little Stars 4 - 5 years	15:45 - 16:25 Little Stars 4 - 5 years	15:45 - 16:25 Little Stars 4 - 5 years	15:45 - 16:25 Little Stars 4 - 5 years	15:45 - 16:25 Little Stars 4 - 5 years	14:00 - 17:00 SQUAD (Becky's group Only)	
		15:45 - 16:15 TRAMPOLINING 6 - 8 years	16:00 - 16:30 TRAMPOLINING 6 - 8 years	15:45 - 16:15 TRAMPOLINING 6 - 8 years	14:00 - 14:55 Mixed Stars 6 - 16 years	
		16:15 - 16:45 TRAMPOLINING 6 - 8 years	16:30 - 17:00 TRAMPOLINING 6 - 8 years	16:15 - 16:45 TRAMPOLINING 6 - 8 years	15:00 - 17:00 SQUAD (All other group's)	
		17:45 - 17:15 TRAMPOLINING 8-16 years	17:00 - 17:30 TRAMPOLINING 8-16 years	17:45 - 17:15 TRAMPOLINING 8- 16 years		
		17:15 - 17:45 TRAMPOLINING 8-16 years	17:30 - 18:00 TRAMPOLINING 8-16 years	17:15 - 17:45 TRAMPOLINING 8- 16 years		
	16:30 - 19:30 SQUAD (Becky's group Only)	17:45 - 18:15 TRAMPOLINING 8-16 years	18:00 - 18:30 TRAMPOLINING 8-16 years	17:45 - 18:15 TRAMPOLINING 8- 16 years		
	16:30 - 18:30 SQUAD (All other gymnasts)	18:15 - 18:45 TRAMPOLINING 8-16 years	18:30 - 19:00 TRAMPOLINING 8-16 years	18:15 - 18:45 TRAMPOLINING 8- 16 years		
16:25 - 17:25 Rising Stars 5 - 7 years	16:25 - 17:25 Rising Stars 5 - 7 years	16:25 - 17:25 Rising Stars 5 - 7 years	16:25 - 17:25 Rising Stars 5 - 7 years	16:25 - 17:25 Rising Stars 5 - 7 years		
16:30-17:30 Ninja Stars 5-7 years				16:00-17:00 Ninja Stars 4-6 years		
17:30 - 18:25 Mixed Stars 6 - 16 years	17:25 - 18:25 Shooting Stars 8 - 16 years	17:25 - 18:25 Shooting Stars 8 - 16 years	17:30 - 18:25 Mixed Stars 6 - 16 years	17:30 - 18:25 Mixed Stars 6 - 16 years		
17:30-18:30 Ninja Stars 6-10 years				17:15-18:15 Ninja Stars 6-8 years		
18:30-19:30 Ninja Stars 10-16 years	18:30 - 19:30 Mixed Stars 6 - 16 years	18:30 - 19:30 Mixed Stars 6 - 16 years	18:30 - 19:30 TeenGym 12 - 17 years	18:30 - 19:30 Mixed Stars 6 - 16 years		
	18:30-19:30 Ninja Stars 6-16 years	18:30-19:30 Ninja Stars 6-16 years		18:30-19:30 Ninja Stars 6-16 years		

CURRENT J STAR GYMNASTICS TIMETABLE 2020

	Trampolining Classes - 6 - 8 years and 8 - 16 years
	Gymnastics - Preschool Stars Classes - 2 & 3 years
	Gymnastics - Little Stars Classes - 4 & 5 years
	Gymnastics - Rising Stars Classes - 5 - 7 years
	Gymnastics - Shooting Stars Classes - 8 - 16 years
	Gymnastics - Mixed Stars Classes - 6 - 16 years
	Ninja Stars - (Parkour, Gymnastics, Martial Arts & Freestyle) - 4 - 16 years
	Baby Gym - 8 weeks to just walking. £4 PAYG
	Preschool Open Play - Walking to 5 years. £3.50 PAYG
	Gymnastics - Teen Gym - 12-17 years £6 PAYG
	Development squads (Invite Only)